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Therapists (Go-To Guides For Mental Health) By  
Carolyn Daitch**

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carolyn daitch profiles Name Carolyn Daitch, Ph.D. Title Director, Center for the Treatment of Anxiety Disorders Go-to Guide for Clients and Therapists (2011

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Carolynne Cooper, MSW, RSW, is a social worker at Toronto's Centre for Addiction and Mental Health, and a member of the Motivational Interviewing Network of Trainers.

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## **Center for the treatment of anxiety disorders**

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