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which didn t really work I followed these instructions but my reed diffuser isn t making then mix safflower oil or sweet almond oil with essential

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not all artificial fragrances work well in the soap making Sweet .137 Apricot Kernel for use in cold process soap making. Most essential oils do not cause

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I posted yesterday about trying to grow aromatic lavender to cut and bring indoors for a dose of aromatherapy. Since that plan didn't exactly work out, I decided to

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