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## **Wok hei, or the breath of the wok - hakkasan**

Wok hei translated into English means wok thermal radiation or, metaphorically, the breath of the wok . It refers to the flavour and tastes imparted by a

## **Grace young (author of the breath of a wok)**

Grace Young is the author of The Breath of a Wok (4.30 avg rating, Classic Family Recipes for Celebration and Healing by Grace Young, Alan Richardson

## **Cookbooks | grace young**

Grace Young, wok cooking Breath of a Wok Unlocking the Secrets of Chinese Wok Cooking Through Recipes and Lore by Grace Young and Alan Richardson is

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Grace Young, Alan Richardson The Breath of a Wok Category: Wok Cookery Publisher: Simon & Schuster; First Edition first Printing edition (September

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