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Diwekar**

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Rujuta Diwekar. ISBN: 9789380658339. Tags: Women And The Weight Loss Tamasha is the sequel to the author s previous weight loss book entitled Don t Lose Your

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Our slimming tricks, healthy diet ideas, tasty nutrition plans, and inspiring success stories will help you lose weight fast.

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Rujuta Diwekar. From Wikipedia, the free encyclopedia. she released her second book "Women & the Weight Loss Tamasha" with a personal note by Kareena Kapoor.

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Rujuta diwekar's women and the weight loss

Rujuta Diwekar works out of Mumbai, practices yoga in Rishikesh, ideates in Uttarkashi and treks in the rest of the Indian Himalayas. Winner of the Nutrition Award

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